



Learning Pathway

Goals in stages for Social Skills

Each goal has a corresponding activity plan

Independence

Independent Living

Stages 1 & 2

Make own way to classroom.	Hang coat on peg.	Take diary/book out of bag.
Ask for help when needed.	Put book or item in bag when asked.	

Eating and Drinking Skills

Stages 1 & 2

Finger feeds.	Use a water bottle.	Drink from a cup.
Use spoon to feed self.	Use knife and fork to feed self.	Use knife to cut soft food.

Dressing Skills

Stages 1 & 2

Co-operate in dressing, holds out arms and legs.	Take shoes off.	Take socks off.
Pushes arms through sleeves.	Take off coat.	Take jumper or T shirt off.
Unbutton large buttons.	Put shoes on.	Put jumper on.
Put socks on (heels may be on top).	Button up large buttons.	Zip and unzip when zipper put in track.
Zip up coat independently.	Put on coat.	

Self-Care Skills

Stages 1 & 2

Recognise the word/sign/symbols for toilet in context.

Sit on or stand at the toilet.

Attempt to pull pants up.

Attempt to pull pants down.

Go to toilet when reminded.

Indicate that they need the toilet, given a prompt.

Use water to wash hands, adult helps with soap.

Attention

Stages 1 & 2

Sit calmly in a small group for 2 minutes.

Sit to engage in task for 5 minutes with adult support.

Complete simple work task on own.

Attend to a task for 10 minutes.

Attend to a task for 20 minutes with a movement break in between.

Behaviour Management

Stages 1 & 2

Joins relaxation time.	Calmly overcomes stressful moment with 1-1 support.	Follow simple 1 token reward chart to engage in task.
Transitions from 1 activity to next with visual or verbal prompt support from adult.	Transitions from 1 place to another with visual or verbal prompt from adult.	Transition to regular activities through out day using own support system.
Transitions to unfamiliar activity with verbal or visual prompt.	Uses a 2 token rewards chart.	Uses and understands 5 token reward chart to engage in activities.
Present a card cue when needs a time out to cool off.	Show respect for other people's personal space.	Request to take a break when needs one, and return back to a task after.