



Learning Pathway

Goals in stages for Co Curriculum

Each goal has a corresponding activity plan

Dexterity and Manipulation

Early Mark Making

Stages 1 & 2

Reflex grasp of item when pressed in hand.	Maintains grasp on mark maker.	Bangs mark maker on surface.
Watches mark maker make marks.	Make random marks.	Makes long, straight downward marks.
Makes horizontal marks.	Makes vertical marks.	Makes circular marks.
Makes travelling or roving marks across a page.		

Dexterity and Manipulation

Manipulating Objects

Stages 1 & 2

To grasp hold of an item using whole hand.	Shakes objects.	Maintain grasp of item when put in hand by adult.
Reaches out to touch or move things.	Uses a tool to move or bang items.	Uses grasp and release.
Pushes and pulls an object.	Fills items into containers using hands.	Picks objects out of containers.
Takes things apart.	Puts objects together.	Precisely places objects in confined space.

Dexterity and Manipulation

Scissor Skills

Stages 1 & 2

Snipping: opening and closing the scissor blades.	Fringing- makes short snips along the edge.	Cuts in a straight line.
Cuts a line with one change of direction.	Cuts a line with more than one change of direction.	Cuts curved and wavy lines.

Cuts circles.

Cuts out shapes.

Dexterity and Manipulation

Using Two Hands

Stages 1 & 2

Use two hands asymmetrically.

Exploring Through Touch

Exploration with Adult Support

Stages 1 & 2

Allows hands to be moved.

Allows hands to be stroked.

Allows hands to be opened out with fingers extended.

Passive touch of item placed on palm.

Allows hands to co-actively hold items in clasped hand.

Hands opened out to co-actively feel using finger tips.

Hands opened out to co-actively feel using extended fingers.

Hands open and close to squeeze co-actively.

Notices own hands with adult physical prompts.

Strokes a surface with open fingers.

Passive touch of item placed on back of the hand.

Allows hands to be touched.

Locate things inside items.

Exploring Through Touch

Independent Exploration

Stages 1 & 2

Identifies the function of objects.	Touch hot and cold things.	Moving an item from one hand to the other.
Looks at own hands, aware of own hands.	Hands apply pressure.	Pokes an object/surface.
Uses a sustained object grasp.	Explores dry textured materials (e.g. dry pasta, cornflakes, buttons).	Explores wet or soft-textured materials (e.g. shaving foam, finger paints).
Explores small objects with fingers.	Feels around shape or edge of objects.	Encloses small items to feel shape, size, volume.
Encloses items in one hand and manipulates them.	Moves touch from one object to another.	Feels along a tactile track.
Matches regular shapes.	Follows contours of shapes.	

Exploring Through Touch

Locating an Item

Stages 1 & 2

Sweeps outward and back to middle with one hand to explore.

Sweeps outwards and back to middle with two hands together.

Locates things inside items.

Put items inside different things.

Listening

Attention

Stages 1 & 2

Identify familiar rhyme or song from hearing the first line.

Identify high and low sounds.

Identify loud and quiet sounds.

Listening

Finding and Tracking a sound

Stages 1 & 2

Awareness of sound source.	Tracking of a sound moving across in front of him/her.	Responds to a sound source to the left.
Responds to a sound source to the right.	Locates sound source from left and right.	Tracking of sound source moving up and down in front of him/her.
Respond to a sound source from behind him/her.		

Listening

Identifying Sounds

Stages 1 & 2

Makes a different response to a familiar sound source than an unfamiliar one.	Preference for certain sound sources.	Recognises familiar sound source in context.
Discriminate sound from noisy background.	Recognises familiar sound source out of context.	Finds hidden noisy toy.
Identifies source of environmental sound e.g. door closing.		

Listening

Memory

Stages 1 & 2

Uses auditory memory in different situations.

Follow a list of 2+ instructions.

Listens to a recorded story and then answers questions about it.

Recall order of 3+ sounds heard.

Listening

Phonological Awareness

Stages 1 & 2

Responds to different rhythms.

Identifies rhyming words.

Identify number of syllables in one or two syllable words.

Identify initial sound of words.

Identify number of syllables in one or two or three syllable words.

Listening

Listening and Responding to Speech

Stages 1 & 2

Listens to a sentence said with exaggerated tone of voice to demonstrate emotion and matches to emotion e.g. sad, happy, cross.

When asked, waits for a signal to join in or start an activity.

Joins in as listener in ready steady go games in a small group.

Joins in as leader in ready steady go games in a small group.

Finds a common object from a group of 3 familiar objects when it is named.

Given a set of 3+ short auditory clues can identify the object from a group of objects.

Given a set of 3 short auditory clues identify object from a group.

Visual Skills

Attends to Detail

Stages 1 & 2

Identify two halves of symmetrical shapes or pictures.	Name and describe photographs.	Match images of patterns.
Put together two halves of a picture.	Locate an object within a simple picture.	Match objects to pictures.
Name an incomplete clear picture of a familiar object.	Locate an object within a complex picture.	Locate an object within own reading book.
Matches picture to picture.	Put together a three-piece puzzle.	Match picture to initial sound.

Visual Skills

Attends to Objects

Stages 1 & 2

Match and copy simple shape or colour patterns.	Identify objects partially hidden in pictures.	Locate a specific object from a group of similar ones.
Locate an object from a patterned background.	Match familiar objects or shapes.	Match and copy simple shape or colour patterns.

Visual Skills

Attends to Simple Images

Stages 1 & 2

Attend to a bold black and white image of a human face.

Attend to bold high contrast images.

Attend to images with differing colour contrasts.

Match a coloured picture to a black and white outline.

Visual Skills

Hand Eye Co Ordination

Stages 1 & 2

Reach for and grasp objects accurately.

Copy drawn shapes and lines.

Accurately draw line between two parallel lines.

Cut between lines and on a broad line.

Visual Skills

Facial and Social Skills

Stages 1 & 2

Make eye contact.

Recognise a few faces.

Find friend in playground.

Pass object to another person.

Pass object to another person.

Visual Skills

Locating Visual Sources

Stages 1 & 2

Awareness of moving item.

Awareness of static item.

Location of and focus on static item.

Visual Skills

Scanning

Stages 1 & 2

Scan printed materials
left to right.

Visually and tactually
tracing.

Visual Skills

Tracking of Visual Sources

Stages 1 & 2

Track horizontally moving
item across midline.

Track vertically moving
item across midline.

Track diagonally moving
item.

Track circular moving
items.

Hand Control and Strength

Finger Control

Stages 1 & 2

Uses push-pull of fingers.

Uses finger opposition.

Points index finger.

Puts finger to mouth.

Finger isolation: from a fist straighten one finger at a time.

Thumb isolation: from a fist put the thumb up.

Hand Control and Strength

Grip

Stages 1 & 2

Improve pincer grip strength.

Improve tripod grip.

Hand Control and Strength

Hand Control

Stages 1 & 2

Hands crossing mid-line.

Increase shoulder stability and strength.

Using transverse arches in hand.

Release and transfer of objects between hands.

Hand Control and Strength

Increasing Hand Strength

Stages 1 & 2

Increases pinch strength and control.

Increase general hand strength.

Increase wrist strength.